



FIRST PRESS

First Press is a monthly publication of First Presbyterian Church, Lawrence, KS
www.firstpreslawrence.org

Pastors:
Kent Winters-Hazelton
Mary Newberg Gale

Linda Bridges, editor



In This Edition

Pastor Kent	Pg. 1
Worship Schedule	2
Offering Cards	2
Healing and Wholeness	3
Rummage Sale dates	3
Adult Ministry	4
Children and Youth	5
PW Fall Gathering	6
Dinners for Eight	6
Eco Team News	7-8
Parish Nurses	9-10
Calendar	11
Birthdays	12



A community of disciples who celebrate God's inclusive love by ministering to one another and the world.

There are quite a number of good stories in the Scriptures. Sometimes, it is hard for a preacher to limit her selection for the upcoming week. One of the resources ministers turn to in order to select the readings for each week is the Lectionary. The lectionary is a pre-selected collection of readings (or "lections") for each Sunday and days for special services throughout the year. The lectionary follows a three-year cycle of readings beginning the first Sunday of Advent.

The Revised Common Lectionary, which Mary and I call on regularly (but not exclusively) in selecting our texts each week, was established in 1992. Each week, it usually offers a reading from the Hebrew Scripture, Psalms, Gospels and the Epistles. It is called the "Common" lectionary because it is followed (with occasional alternatives) by most of the traditional Protestant denominations and the Roman Catholic Church. It is "Revised" because it is the latest version of this practice that dates back to the time of Moses.

There are, however, a number of lectionaries. There is the "lectio continua", a lectionary that promotes reading a book of the Bible, verse by verse, from beginning to end. This was the manner in which Calvin and Luther preached to their congregations. There is the "lectio divina", a way of reflective reading of a particular text over and over again as the meaning becomes clear. The "Daily Lectionary" has assigned readings for each morning and evening. (These texts can be found on the PCUSA website, {<http://www.presbyterianmission.org/devotion/daily/2015/8/16/>}, or the Presbyterian Mission Yearbook for Pray and Study.)

There are some shortcomings with the Revised Common Lectionary. For example, it fails to include many stories where a woman may be the lead figure in the story, and there are story lines and books within the scriptures that are hardly – if ever – mentioned. Over the past few years, there have been a number of new lectionary collections produced by scholars and pastors. One such new approach is called the Narrative Lectionary. This approach to the texts develops the flow of the biblical story over the course of the year, from Israel's early history in the fall, to the stories of and about of Jesus between Christmas and Easter and into the life of the early Church from Acts and Paul's letters.

(Continued on page 2)

A Monthly Publication of First Presbyterian Church

Lawrence, KS

September, 2015

(Continued from page 1)

This year, Mary and I have decided to experiment with this new adventure in planning for our gathering in worship each week. Our readings from the Narrative Lectionary begins on September 13, with Eve and Adam in the garden. I hope you will join us on Sunday morning to share in the adventure.

Grace and Peace,

Kent Winters-Hazelton

Worship Schedule for September

September 6 “The Benediction and Postlude”
Ephesians 6:21-24

September 13 Genesis 2:4-25
and the call to till the earth’s first garden.

September 20 Genesis 18:1-15, 21:1-7
The promise of Isaac's birth to Sarah and Abraham.
Service of Healing and Wholeness, at 4 pm in the chapel.

September 27 Genesis 32:22-30
Jacob wrestles with an angel, receives a new name and new mission.



Thanks be to God!

Gifts to support the ministry of First Presbyterian Church can be made by check, cash or on-line at

www.firstpreslawrence.org

For automatic deductions make arrangements with
Debbie Miller, FPC
Financial Administrator
at
785-843-4171

Offering Cards

There once was a time when families brought their offerings to church every week. As part of their participation in worship, their gift would be added to the offering plate along with the others who share their pew. Today, it’s a little more complicated. As church members travel more frequently or find themselves with family commitments on weekends, far fewer people present a weekly tithe. They continue to faithfully support the ministry of the church through electronic giving, or the church web site, or with periodic checks throughout the year. So, when the offering plate comes their way, it can cause an uncomfortable moment when there is nothing to place in them.

In worship, we respond to God’s grace and faithfulness with our gifts, tithes and offerings. We have placed laminated offering cards in the pews for everyone to actively participate in this important moment in our service of worship.

We are thankful for your gifts in support of the outreach, staff, and facilities of the First Presbyterian Church of Lawrence.

Congratulations to Mary Newberg Gale

Mary is beginning her seventh year as one of the pastors of FPC. She has now become the longest serving Associate Pastor in our congregation's history. We are thankful for her leadership, pastoral care and service to this church and to the larger church in the Presbytery, Synod and General Assembly.



Thank you for taking the time to answer our questions and provide us with good feedback. The Session received 89 surveys back from our members. We are in the process of reviewing the results and reaching out to members who requested a personal contact. The Session will discuss the results at our September meeting. If you have any questions about the survey or would like to talk about it, please contact a Pastor or member of the Session.

A Service of Healing and Wholeness

Our next quarterly service of Healing and Wholeness will be held on **September 20, at 4 pm**, in the chapel. The meaningful service offers the opportunity for prayers for oneself, or for family members or friends who may have suffered loss, illness or discouragement. The service is drawn from our Presbyterian Book of Common Worship and follows the ancient tradition focusing on prayer and a moment for laying on of hands. This simple service, which includes quiet reflective music, intercessory prayer and a simple meditation, has been meaningful to those who have attended.



October 8, 9 and 10

Collections begin October 5

**Want to help? Contact Carol Kyner at
785-856-1683 or kcarol148@aol.com**

Summer 2015—We had a great summer in our Adult Ministry Classes!

A huge shout out to all who made these classes a success. THANKS!!

In the Fireside Room, Pastors Kent and Mary reviewed for discussion the PBS new program, *Religion and Ethics weekly*.

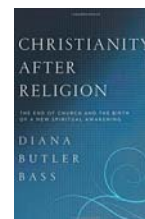


The Contemporary Issues class continued their discussion on Greta Vosper's Book Amen. All who participated in the classes were treated to both thought provoking issues and lively discussion. Thanks for making the Adult Ministry Classes successful and meaningful.

Bob Tryanski and Hannah Britton have been leading a group on **social entrepreneurship** this summer, which will continue. Some wonderful projects are being considered by this group as they explore how best to help others.

**For Fall 2015, join our Adult Ministry classes from 9:40 to 10:40
Beginning August 23rd**

In the Fireside Room, Pastors Mary and James Gale will facilitate discussion and some video presentation centering around the book **Christianity After Religion** by Diana Butler Bass. It is not necessary to read that book for the class.



Beginning **Late September and into October** we will feature a series on End of Life Decisions facilitated by Linda Upstill.

In the Library, the **Contemporary Issues class** will be discussing several options, books, topics for their fall classes. Come and participate in the decision of what would be of most interest.

September 13th - Dr. Huyser's class will resume in the chapel. It is great to look forward to another year of informative study of the Old Testament.

Looking forward - What topics are upcoming

Will it be ... World Religions? Human Trafficking and the Church's Response?
How to Read the Bible? Mental Health issues and information?

Will we offer a book or Bible study during the week?

Give us input about your interests and join us!!

Children and Youth



Sunday School
MAKES A DIFFERENCE

Sunday School has begun for Fall 2015

Join us in the north wing to learn about loving ourselves and each other.

We hope you joined us for the open house today to meet the teachers! If not, no worries! We will see you next week at 9:45 am.

Ages 3 – 5 meet in Room 9 with Mrs. Leatherman, Mrs. Golden and Mrs. Hodges

1st and 2nd Grades in Room 12 with Mrs. Dolezal and Mrs. Hill

3rd – 5th Grades in Room 14 with Mrs. Galle

Stay tuned for information concerning Middle School and High School education offerings!



Youth Group meets on Sunday at noon with lunch, games, and study.

Upcoming events include:

September 13 - Kick Off Youth Group with at trip to SkyZone in Shawnee. See Pastor Mary for details!

Bring your friends and start the year reaching for the sky!!



Presbyterian Women Fall Gathering

The fall gathering for all Presbyterian Women will be held on Saturday, September 12 in Fellowship Hall at 11:30 a.m. This will be a covered dish brunch. We are delighted to have FPC member Dr. Hannah Britton, director of the Center for the Study of Injustice at the Institute for Policy and Social Research at K.U. as our speaker. Please sign up on the friendship registry pad so we can plan accordingly. Eve Circle will host this event. The service project will be donations for the Willow Domestic Violence Center. **Do plan to attend and bring a guest!**

While most people think of human trafficking as an international phenomenon, trafficking crosses borders and is occurring in our region. Dr. Britton is the coordinator of the Anti-Slavery and Human Trafficking Initiative (ASHTI), and her team is studying ways to prevent trafficking. Some of the best ways are to improve education, English-language instruction, health care, housing security, LGBTQ rights, foster care services, and gender equality. Hannah's current research focuses on the risk factors that may be driving trafficking. She and the ASHTI team are interested in creating trafficking-resistant communities in order to prevent exploitation before it occurs.

Hannah Britton is an Associate Professor of Political Science and Women, Gender, and Sexuality Studies. She is the Director of the Center for the Study of Injustice at the Institute for Policy and Social Research at KU.

Dinners for Eight

AUG. 30, 2015 5:30—8:00 P.M.

At the home of Rich Givens, 2145 Owens Lane

A potluck summer for organizing into new groups of eight

Following the potluck, we will divide into groups of eight with each group including couples and singles. Each group gets acquainted, picks a coordinator, and determines the dates for their dinners for the months of Sept. through November. **Be sure to bring your calendars!** Next January, we will gather once again to re-mix the groups for the next round of dinners for eight.

If you are unable to attend the organizational meeting on Aug. 30, your name can be drawn and placed in a group. Your group coordinator will contact you to inform you of dates, places, and times for your group.

Please RSVP via email to (kcarol148@aol.com) or sign up at the table on Aug. 16 and 23. Any questions? If so, please call Carol Kyner at 856-1683 or Joyce Rankin at 856-2345 for more information.



Super Moon Event / Eco Team Meeting

How often do we have an opportunity to see a moon eclipse and the night sky as a faith community? On Sunday, September 27, the moon will be very close to the earth and will begin an eclipse a little after 7:00 p.m. with a full eclipse at 9:10 p.m. The EcoTeam invites any and all who would like to experience the evening to come with lawn chairs, jackets, etc. to the Tom and Gaye Groene residence (or possibly Clinton Lake).



Earlier in the afternoon, the EcoTeam will be having their September meeting at 5:30 p.m. in the Groene's home and welcome all who are interested (please RSVP). We will be having snacks brought by those attending - drinks provided.

This will certainly be open to all ages. We are planning to have some telescopes brought by any FPC members and will be asking the local Astronomy Club to bring some for viewing along with some interpretation of the night sky.

Directions will be forthcoming and be in the FPC bulletin and website (EcoTeam is on the website - go to Sharing.).

Kudos to Trustees

The Trustees met with both Good Energy Solutions and Cromwell Solar to learn about installing solar panels at FPC. Each of the local companies made presentations. The Trustees will be discussing their response at their September meeting. I want, on behalf of the EcoTeam, to thank the Trustees for taking the extra time and effort to come and spend over an hour at each presentation. Pastor Kent sat in on one presentation and Pastor Mary on another one.

Another Congregation Seeking Earth Care Congregation Status

Recently, we received a much welcomed inquiry from Rev. Andrew Sonneborn, Pastor of the Colby and Hoxie congregations in western Kansas and within bounds of Northern Kansas Presbytery. He is encouraging the two congregations to become Earth Care Congregations. He was inquiring as to how FPC could join with Colby and Hoxie to promote eco-justice concerns. Among other things, he would like to explore participating together in Pope Francis' proposed World Day of Prayer for the Care of Creation on September 1. We are looking at options; one might be to dedicate the Butterfly/Pollinator Garden on that day. It is good to see more of the PNK congregations becoming interested in the Earth Care Congregations of PC(USA) Also, in communicating with Rev. Sonneborn, we discovered an opportunity to encourage them to join in covenant with the Kansas Interfaith Power and Light. At this time only FPC, Trinity Presbyterian (Topeka) and the Wilson, KS,



(Continued on page 8)

(Continued from page 7)

congregations are in covenant with the Kansas Interfaith Power and Light and we look forward to increasing that number.

LETUS News

Art Project - LETUS (Lawrence Ecology Teams United in Sustainability) will be having an opening of an Art Show in May, 2016, at the Percolator, followed by other viewings at various venues, possibly including spaces at churches, meeting house, Jewish Community Center. The purpose of this Art Project is to explore various aspects of the issue of climate change for the purpose of sharing broad stories and experiences related to climate change.

Climate Hub Newsletter - Ary Guerrero, FPC EcoTeam member, is now the Lawrence Climate Hub Editor. On a regular basis, earth care groups in Douglas County are being "showcased" with a description of how they are addressing not only climate change but other related areas of concern. Over 50 such groups, including faith community green teams, have been identified. If you are not receiving the "Hub" and would like to, please indicate by going to lawrenceclimatehub@gmail.com.

Encyclical Review - An open presentation/forum is being planned for Pope Francis's Encyclical on how the Catholic Church is being asked to consider to address environmental degradation. (I have read the 180 page letter and it is a wonderful read, regardless of one's agreement with all of it's content or not.) It is comprehensive and a decisive statement inviting all faith traditions and those who do not identify with any to address a crisis of our time. LETUS will sponsor/coordinate the conversation.

Fall Eco Trek is October 25



Stan and Jan Roth will again be our "guides" for experiencing a special place in Douglas County. We will meet at the Tanger Mall / I-70 Business Park at 3:00 pm to carpool on Sunday, October 25 to the Fitch Nature Trail at the KU Field Station. Please bring a sack supper to eat at the Virginia Trailhead Shelter after our hike. As usual, it is open to all ages and abilities.

Highway Litter Pick-Up

It should be a beautiful day for picking up trash and unusual items along on Saturday, September 19. All "highway pickers" will gather at FPC at 9:00 am and carpool to the site of our adopted highway south of Lawrence off Highway 59 (very close to the Ron/Caroll Tucker's residence). You can sign up in the narthex on a Sunday or call Dave Kyner (856-1683) for details. Youth ages 7-17 must have a permission sheet signed by a parent. Please bring gloves. Some very fashionable safety vests will be provided. Everyone is welcome to come and help beautify our part of the world!



FPC Spirit, Health and Wholeness



Kids off to school and hopefully the summer heat will end soon! AND...If you have had too many ice cream cones it is time to get back to a daily routine of healthy eating and exercise. “Incorporate physical activity into your everyday life. Not only will it help you manage your stress and weight — and feel better about yourself — but you will reduce your risks factors for cardiovascular disease and stroke. Accumulating at least 30 minutes of physical activity most days of the week can be done without drastically changing your everyday routine. Simple, progressive changes can make a huge difference!”

Eating healthy means incorporating foods with high nutritional value. Not only will you get more for the calories, but also have higher energy!

Instead of:

Ice cream
Fried foods
Potato chips

Try:

Frozen fruit bar
Grilled, poached and baked foods
Almonds sprinkled with a salt-free seasoning

10 Great Health Foods

Apples – loaded with soluble fiber that helps lower cholesterol, and a great source of Vitamin C.

Almonds – packed with nutrients, fiber, iron and calcium and protein.

Blueberries – rich source of phytonutrients to help prevent urinary tract infections; also thought to improve memory.

Broccoli – good source of calcium, potassium, folate (iron) and fiber.

Red beans – good source of iron; low-fat and low calorie protein and fiber source.

Salmon – heart healthy source of Omega-3 fatty acids; good source of protein.

Spinach — high in Vitamins A & C, as well as iron, calcium and iron.

Sweet potatoes – high in beta carotene; may slow the aging process and reduce the risk for certain types of cancer; low in calories – one small = 54 calories.

Vegetable juice – great source of lycopene, which may reduce risk of heart attack and prostate cancer.

Wheat germ – highly concentrated source of niacin, thiamin, riboflavin, Vitamin E and several minerals.

The Health Benefits of Napping

A few extra zzzs may be just what you need



An afternoon snooze may be just what the doctor ordered. Emerging research suggests that napping may improve your health and increase worker productivity. In fact, some companies have dedicated napping rooms where employees can catch a few zzzs. If you have a hard time getting enough sleep at night, a nap can help. Follow these guidelines to tap into the health benefits of napping.

The facts. Napping helps improve mood, thinking, concentration, and overall health, according to research published in the *Journal of Sleep Research*. But the benefits don't stop there. Studies also show that taking a regular siesta lowers the risk of heart attacks, boosts the immune system, and lowers blood pressure in some individuals.

(Continued on page 10)

(Continued from page 9)

It's OK to take a nap. It's possible that our busy culture has interfered with normal cycles of resting and sleep. About 30 percent of adults don't get the recommended 7 to 8 hours of sleep per night, according to the Centers for Disease Control and Prevention. Unfortunately, many people consider napping to be a sign of laziness, but if you're sleep-deprived and feeling tired a nap may be just what your body needs. Naps can be healthy.

When to nap and for how long. If you're going to incorporate napping into your schedule, there are a few guidelines you should follow.

Keep it short. An ideal nap is 20 to 30 minutes. For most people, a short nap of this duration helps improve mood, increase alertness, and enhance productivity. Even a 10-minute nap can be enough to help you mentally and physically.

Avoid late-afternoon naps. If you plan to take a nap, avoid catching those zzzs late in the afternoon. Research shows that napping too late in the day can interfere with going to sleep at night.

Create an ideal napping environment. You'll fall asleep faster and get more out of a nap by creating a restful environment. For best results, nap in a darkened room where it's quiet and the room temperature feels comfortable to you. Napping at the same time of day on a regular basis can help too.

If napping doesn't seem to help make up for lack of sleep at night, talk with a doctor. Sleep problems can be a sign of underlying health issues. See a doctor if you have sleep problems including difficulty sleeping during the nighttime or excessive daytime sleepiness.

Lawrence Memorial Hospital Health Fair

The Lawrence Memorial Hospital Health Fair will be Saturday, September 26th from 7:30 am to



10:30 am. Each year over one thousand members of our community attend to receive free health screenings, low-cost blood work, and valuable health prevention and disease information from health professionals, LMH Departments, and community organizations. This year, the fair will be offering attendees a health fair "passport". If they visit a certain number of exhibit tables, they will receive a

small prize. The fair is always a great resource. A one-stop shop for healthy living information!

Remember, Blood Pressure Checks will be Sunday, September 6th in the **library**.

GOOD HEALTH from your Parish Nurse Ministry!

Congratulations!

The Rev. Phyllis Stutzman, who served as the interim Associate Pastor at FPC from 2006-09, has been called as the Pastor of the Emporia Presbyterian Church. She begins her work there in early September. Her husband, Jacob, has taken a position on the faculty at Emporia State University.

Calendar for September

Tuesday, September 1

8:30AM First 5 Years Before School Care
 9:00 First 5 Years—5 Day
 Small World Workshop
 12:00PM First 5 Years Lunch Bunch—5 Day
 6:00 Alcoholics Anonymous
 6:30 Webelos Pack 3059
 8:00 Alcoholics Anonymous

Wednesday, September 2

8:30AM First 5 Years Before School Care
 9:00 First 5 Years—3 Day
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 6:00 Alcoholics Anonymous
 7:00 Finance Review
 7:30 Troop 59 Scout Meeting
 8:00 Alcoholics Anonymous

Thursday, September 3

8:30AM First 5 Years Before School Care
 9:00 First 5 Years—5 Day
 Small World Board Meeting
 12:00PM First 5 Years Lunch Bunch—5 Day
 6:00 Alcoholics Anonymous
 Girl Scout Troop 7547
 6:30 Trustee Meeting
 8:00 Alcoholics Anonymous

Friday, September 4

6:00PM Alcoholics Anonymous
 Al-Anon Meeting
 8:00 Alcoholics Anonymous

Saturday, September 5

6:00PM Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Sunday, September 6

8:30AM Sunday Morning Childcare
 Service of Reflection
 9:00 Parish Nurse Blood Pressure Readings
 9:45 Children's Sunday School
 10:40 Fellowship Time
 Choir Rehearsal
 11:00 Service for the Lord's Day
 6:00PM Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Monday, September 7

Church Office Closed for Labor Day
 6:00PM Alcoholics Anonymous
 7:30 Troop 59 Committee Meeting
 8:00 Alcoholics Anonymous

Tuesday, September 8

8:30AM First 5 Years Before School Care
 Small World Enrollment and Orientation
 9:00 First 5 Years Classes—5 Day
 12:00PM First 5 Years Lunch Bunch—5 Day
 6:00 Alcoholics Anonymous
 6:30 Session Meeting
 Webelos Pack 3059
 8:00 Alcoholics Anonymous

Wednesday, September 9

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—3 Day
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 6:00 Alcoholics Anonymous
 7:00 Choir Rehearsal
 7:30 Troop 59 Scout Meeting
 8:00 Alcoholics Anonymous

Thursday, September 10

8:30AM First 5 Years Before School Care
 Small World Enrollment and Orientation
 9:00 First 5 Years Classes—5 Day
 12:00PM First 5 Years Lunch Bunch—5 Day
 2:00 Congregational Care Meeting
 6:00 Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Friday, September 11

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—3 Day
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 First 5 Years Fun Filled Fridays
 4:00 Wedding Rehearsal
 6:00 Alcoholics Anonymous

Al-Anon Meeting
 8:00 Alcoholics Anonymous

Saturday, September 12

11:00AM PW Fall Gathering
 4:00PM Abbey Switzer and David Hein Wedding
 6:00 Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Sunday, September 13

8:30AM Sunday Morning Childcare
 Service of Reflection
 9:45 Children's Sunday School
 10:40 Fellowship Time
 Choir Rehearsal
 11:00 Service for the Lord's Day
 12:00PM FPC Youth Group
 6:00 Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Monday, September 14

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—3 Day
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 6:00 Alcoholics Anonymous
 6:30 First 5 Years Staff Meeting
 8:00 Alcoholics Anonymous

Tuesday, September 15

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—5 Day
 Small World Classes
 12:00PM First 5 Years Lunch Bunch—5 Day
 2:00 Parkinson's Support Group
 6:00 Deacons' Meeting
 Alcoholics Anonymous
 6:30 Webelos Pack 3059
 8:00 Alcoholics Anonymous
 MOPS Set Up

Wednesday, September 16

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—3 Day
 MOPS
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 1:30 Martha Circle
 6:00 Alcoholics Anonymous
 7:00 Choir Rehearsal
 7:30 Troop 59 Scout Meeting
 8:00 Alcoholics Anonymous

Thursday, September 17

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—5 Day
 Small World Classes
 12:00PM First 5 Years Lunch Bunch—5 Day
 6:00 Alcoholics Anonymous
 Boy Scout District Committee Meeting
 Girl Scout Troop 7547
 8:00 Alcoholics Anonymous

Friday, September 18

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—3 Day
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 First 5 Years Fun Filled Fridays
 6:00 Alcoholics Anonymous
 Al-Anon Meeting
 8:00 Alcoholics Anonymous

Saturday, September 19

9:00AM Eco-Team Highway Clean Up
 12:00PM Birthday Reception
 6:00 Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Sunday, September 20

8:30AM Sunday Morning Childcare
 Service of Reflection
 9:45 Children's Sunday School
 10:40 Fellowship Time
 Choir Rehearsal
 11:00 Service for the Lord's Day
 12:00PM FPC Youth Group
 6:00 Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Monday, September 21

8:30AM First 5 Years Before School Care

9:00 First 5 Years Classes—3 Day
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 4:00 Communications Committee
 6:00 Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Tuesday, September 22

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—5 Day
 Small World Classes
 9:30 Newsletter Prep and Mail
 12:00PM First 5 Years Lunch Bunch—5 Day
 6:00 Alcoholics Anonymous
 6:30 Webelos Pack 3059
 7:00 First 5 Years Board Meeting
 8:00 Alcoholics Anonymous

Wednesday, September 23

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—3 Day
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 6:00 Alcoholics Anonymous
 7:00 Choir Rehearsal
 7:30 Troop 59 Scout Meeting
 8:00 Alcoholics Anonymous

Thursday, September 24

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—5 Day
 Small World Classes
 12:00PM The Gathering
 First 5 Years Lunch Bunch—5 Day
 6:00 Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Friday, September 25

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—3 Day
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 First 5 Years Fun Filled Fridays
 6:00 Alcoholics Anonymous
 Al-Anon Meeting
 8:00 Alcoholics Anonymous

Saturday, September 26

6:00PM Alcoholics Anonymous
 Eco-Team Meeting
 8:00 Alcoholics Anonymous

Sunday, September 27

8:30AM Sunday Morning Childcare
 Service of Reflection
 9:45 Children's Sunday School
 10:40 Fellowship Time
 Choir Rehearsal
 11:00 Service for the Lord's Day
 12:00PM FPC Youth Group
 6:00 Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Monday, September 28

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—3 Day
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 6:00 Alcoholics Anonymous
 8:00 Alcoholics Anonymous

Tuesday, September 29

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—5 Day
 Small World Classes
 11:30 Small World Board Meeting
 12:00PM First 5 Years Lunch Bunch—5 Day
 6:00 Alcoholics Anonymous
 6:30 Webelos Pack 3059
 8:00 Alcoholics Anonymous
 MOPS Set Up

Wednesday, September 30

8:30AM First 5 Years Before School Care
 9:00 First 5 Years Classes—3 Day
 MOPS
 12:00PM First 5 Years Lunch Bunch—3 & 5 Day
 6:00 Alcoholics Anonymous
 7:00 Choir Rehearsal
 7:30 Troop 59 Scout Meeting
 8:00 Alcoholics Anonymous



September Birthdays

- | | | |
|----------------------|-------------------|-------------------|
| 1 James Sherman | Landon Whitsitt | Marc Jaspersen |
| Dave Livingood | Ashley DeSandre | 23 Martha Rowe |
| 2 Marrillie Good | 15 John Hughes | Jan Roth |
| Bonnie Bond | Nancy Rumsey | David Smith |
| Marshall Crowther | 16 Peg Livingood | 24 Gaye Groene |
| 3 Jerry Chandler | Amy Givens | Jack Raney |
| Jeri Mahurin | Scott Richardson | Fiona Gale |
| Christian Walter | 17 David Dutcher | 25 Jo Cummings |
| 8 Cris Hunt | Marc Quillen | Ron Teeter |
| 9 Amy Bradley | Katie Whiteman | 26 Dick Verhage |
| Cody Flitcraft | 18 Kyung-ya Hwang | Jeff Morrison |
| 10 Carolynn Winters- | Leianna Poettker | Kevin Skridulis |
| Hazelton | 19 Arlois McLay | Larkin Oertel |
| 11 Jan Poulsen | Marilyn Harp | 27 John Andrews |
| Audrey Seybert | Vitina Calhoun | 28 Louise Stewart |
| 13 Kathy Smith | 20 Martin Henry | 29 Lissa Revenew |
| Beth Easter | Marcia McPhail | 30 Erin Tuttle |
| 14 Ed Manda III | 22 Bernice King | |
| Jon Hofer | Pat McAlister | |

PUBLICATION DEADLINES:
 - Last day to submit articles September 10
 - Folded and mailed September 22

Prefer to receive your
 First Press by email? Contact
fpadministrator@sunflower.com
 to sign up.



Return Service Requested

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